

# You're Invited

to Sacred Heart Monastery to share in our gift of seeking God through prayer, work, study, and community life.

## Contact Us

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# Come and Explore

RESIDENTIAL  
VOLUNTEER  
PROGRAM



# About us

We have 80 sisters serving the Church in the regional community through a variety of ministries: education, healthcare, parish ministry, social outreach and more!

Our life is centered around the Liturgy of the Hours, Eucharist, and the internal and external ministries. Our core values include Community, Hospitality, and Awareness of God.

**Our goal is to provide an opportunity for you to serve others while discovering more about yourself and the sisterhood.**

# FAQ's

## Requirements for the program

- Is 21 years of age or older (or at least a junior in college) without dependents,
- Is in good physical health,
- Will be responsible for personal expenses (room and board are provided),
- Will provide for own financial, medical and personal needs,
- Has a willingness to commit to a specific period of time (3-12 months) Commitments may be renewed annually.
- Will work around 30 hours a week (4-6 hours/day)

# Benefits

- Opportunities for spiritual growth (e.g., days of prayer and recollection, spiritual direction if desired, and time for personal prayer).
- Opportunities to attend music, theatre, sporting events, and lectures at the Monastery and at Mount Marty College.
- Includes a stipend

## We're Online

### Apply Online

<https://yanktonbenedictines.org/who-we-are/residential-volunteer-program/>