

Contact us—

BenedictinePeaceCtr@
yanktonbenedictines.org

(605) 668-6292

Visit our website:

www.yanktonbenedictines.org/retreat-
center

Benedictine Peace Center

Sacred Heart Monastery
1005 West 8th Street
Yankton, SD 57078

Silence and Prayer

Guests are welcome to join the
monastic community for Liturgy
of the Hours and Eucharist.



The Peace Center is located in a wing of Sacred Heart Monastery on the bluffs overlooking the Missouri River. Grounds provide natural beauty and space for prayerful walks.

Come, Rest Awhile

Staff

Jeanne Ranek, OSB—Peace Center Director, spiritual direction, retreats, supervision, outreach

Doris Oberembt, OSB—Spiritual direction, retreats, supervision, Scripture study

Mary Jo Polak, OSB—Spiritual direction, retreat leader, supervision, outreach, Scripture study

Penny Bingham, OSB—Spiritual Enrichment Program, Retreats, spiritual direction, *Lectio* online

Ss. Marlene Stetz, Patricia Heirigs, Aidan Bourke, Marita Kolbeck, Louise Marie

Goettertz & Jill Young—Hospitality Ministry

Retreats



**Spiritual
Refreshment
in a
Monastic
Setting**

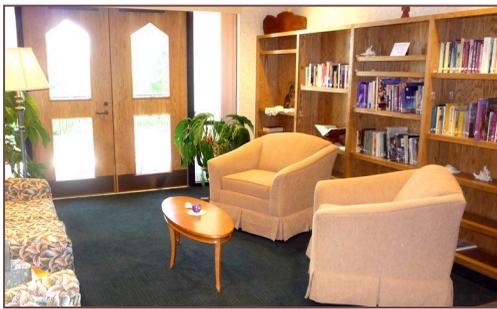


**Benedictine Peace Center
Yankton, SD**

Silent Retreats

“Come away for awhile and rest” as Jesus often did. Take time to read, walk, rest and pray, time apart to refresh and revitalize and gain new perspectives.

Your retreat can last a day or may extend to a week or a month. Choose to journey in solitude or request the guidance of a spiritual director. Move into a deeper intimacy with God, self, others and all of creation.



How to Plan Your Retreat

Contact us by e-mail or phone:

BenedictinePeaceCtr@yanktonbenedictines.org

(605) 668-6292

- ◇ Select your preferred dates
- ◇ Indicate whether you want a spiritual director or a private retreat.

Contemplative Mornings

Join a group for a morning of contemplative prayer. Third Saturdays, 9:00—11:30.

Spiritual Direction



A spiritual director is a trained spiritual companion who helps you attend to God’s presence in your life. Director and directee typically meet monthly for an hour. Contact us to arrange a meeting with one of the spiritual directors on staff and discuss your hopes and expectations.

Sabbatical Time

If you are seeking extended time for rest and renewal in a monastic setting, the Benedictine Peace Center may be the place for your sabbatical. Design your renewal time. Join the monastic community for prayer, enjoy nature, rest; choose individual spiritual direction, cultural events, and other creative options. Contact us to discuss your needs.



Spiritual Enrichment Program

Enrich your personal journey with this one-year program open to men and women who desire a deeper relationship with God. Participants meet monthly for two hours for a presentation and dialogue on topics of interest. Program includes a three-day silent guided retreat arranged to fit your schedule.



Enjoy—

- ◇ A comfortable single bedroom with private bath
- ◇ A peaceful monastic ambiance
- ◇ Prayer & Eucharist with the Benedictine Sisters
- ◇ Natural beauty & space to walk
- ◇ Chapels & Meditation Room
- ◇ Lounge and Libraries

*Find inner peace listening to
God in silence and
peace-filled beauty.*

Scripture Study

Daytime and evening Scripture study series are offered each Spring and Fall, using the widely respected Little Rock Catholic Bible Study Program. Each series runs approximately six weeks.

Visit our website; phone or e-mail to inquire about topics and register.

Group Retreats

Advent Retreat (Half day)

Lenten Retreat (Half day)

Paschal Triduum Retreat

Oblate Retreats

Retreats for a Group you bring
Group Retreats in your Location

Supervision Groups

Spiritual directors may join a supervision group—choosing either an online or in-person group.

*The Benedictine Peace Center
welcomes men and women
of all faiths.*